



Alex Bratty – Intro:

Alex Bratty is the founder of Happiness @ Work.

She helps leaders and organizations leverage the competitive advantage of a positive work culture.

Combining her 20 years of experience in business and research with her expertise in positive psychology, Alex works with clients to increase employee motivation and performance in a way that produces a healthier and happier bottom line.

And, this morning, she's going to share with us exactly how we can use happiness to accelerate our professional growth.

Please help me welcome, Alex Bratty.